



Ackworth Road Runners Committee Meeting Summary

6th August 2019

Ackworth Cricket Club

2000 hours

Present:

Chris Taylor	Chair	CT
Stewart Haigh	Treasurer	SH
Steve Berry	Secretary	SJB
Ruth Walker		RW
Chris Sharp		CS
Georgi Newton		GN
Jeff Denton		JD
Vicky Wathey		VW
Dave Allison		DA
Mel Owen		MO
Helen Wainwright		HW

Apologies

Denise Clark, Gail Wrangles, Lesley Needham

Minutes of the meeting held on the 9th July 2019 and matters arising

Read and accepted as a true record. There were no matters arising

Chairman's Slot

CT commented on the success of the Priory 10k and the continued influx of new members. He also recorded best wishes on behalf of the club to club members Pam and Richard Ritucci ahead of their impending move to Dubai.

Secretary correspondence

SJB reported that correspondence had been received as follows:

- Further correspondence received from EA regarding the new portal for booking EA courses. Attached with these minutes.
- Current EA courses list.
- Letter of resignation from Simon Newton:

Simon has decided to transfer to Leeds City AC with immediate effect in order to achieve his current running goals. The club wish him luck at Leeds and record our thanks and appreciation to Simon for his past running achievements and his service as both a Committee Member and former Men's Captain.

New Members Information Document

SJB reported that this was now finished and was published on the Facebook Member's Page and the club web site. It will be sent retrospectively to all members who have joined during 2019 and then to new members on joining.

Kit News

DA said that a number of the new premium vests still awaited collection and that he had contacted the members in question.

Junior Section

JD – 53 entries were received for the Priory 2k.

The Junior's AGM will be on 4th September at The Lawson Hut in Badsworth.

Captain's Slot

CS said that we now have 3 teams plus reserves for the Leeds Country Way relay event. He also commented on the excellent ARR turnout and achievements at the recent Manvers Dusk til Dawn endurance event. All agreed that we would promote this well organised event next year.

CS also paid tribute to Simon Bennett and all his support team on his successful Bob Graham Round attempt.

RW commented on Sarah Hunter's recent York 10k where she was 2nd lady overall.

#EA Runandtalk

RW gave details of this EA initiative which is aimed at promoting mental health through running. This will involve organising a #runandtalk event in September. This is likely to tie in with a normal club training night.

Action: RW to co-ordinate

EA Mental Health Champion Nomination

SJB reported that to complement the Runandtalk programme, EA are looking to clubs to nominate Mental Health Champions and suitably qualified members for the role of EA Mental Health Ambassador. Sarah Rose, who holds the Mental Health First Aid qualification has asked to be nominated as ARR Mental Health Champion. This was agreed.

Note: Sarah Rose has now been registered as ARR's Mental Health Champion with EA.

Autumn Handicap with Danum Harriers on September 10th

SJB said that Danum Harriers had accepted our invitation. It was decided to change the distance from 5 miles to 4 miles to ensure that all runners arrived back in daylight. We will also offer a 3 mile informal run for any Danum runners who preferred that option.

Any Other Business

MO raised the subject of the increasing number of club members who participate in Triathlon events and would like to do so under the ARR name. A discussion took place and it was decided in principle that would be worth investigating but that normal club activities should not be impacted.

Action: SH, SJB and MO to investigate implications, affiliations, tri kit and ways in which other clubs provide this.

CT said that one of our new members had donated a new pair of UK size 8 Saucony Omni Iso running shoes to the club. It was suggested to auction them to members on the Member's Facebook page and donate the proceeds to a charity (yet be identified).

The meeting closed at 9.00pm.

Date of Next meeting Tuesday 3th September.