



Ackworth Road Runners

33rd Annual General Meeting

Wednesday 27th February 2019 8.00pm

Ackworth Cricket Club, Wakefield Road, Ackworth

Agenda

1. Apologies for Absence
2. Minutes of the 32nd AGM
3. Matters Arising
4. Chairman's Report
5. Treasurer's Report
6. Junior Section Chair's Report
7. Joint Captain's Report
8. Election of Officers:

Nominations:

Chair	Chris Taylor	(unopposed)
Secretary	Steve Berry	(unopposed)
Treasurer	Stewart Haigh	(unopposed)

9. Election of Committee:

Yvonne Edwards is standing down from the Committee with effect from the date of this AGM.

Nominations:

Chris Sharp (Men's Captain)	(unopposed)
Ruth Walker (Ladies Captain)	(unopposed)
Jeff Denton (ARR Juniors rep)	(unopposed)
Denise Clark	(unopposed)
Lesley Needham	(unopposed)
Georgina Newton	(unopposed)
Mel Owen	(unopposed)
Victoria Wathey	(unopposed)
Helen Wainwright	(unopposed)
Gail Wrangles	(unopposed)
Dave Allison	(unopposed)
Simon Newton	<i>(Proposed by Pat Wood, Seconded by Terry Sinar)</i>

10. Motions for Consideration

a) Revised Club Constitution Appendix A Secretary

11. Any Other Business



Ackworth Road Runners

32nd Annual General Meeting

Tuesday 20th February 2018 8.30pm

The Rustic Arms, Ackworth

Minutes

Attending: Steve Berry (Acting Chair/Sec), Stewart Haigh (Treasurer), Gail Wrangles, Denise Clark, Wendy Berry, Mel Owen, Debbie Barton, Charlotte Grace, Adrian Byrom, Gary Wilson, Tom Camponi, Lee Hopkins, David Cooper, Lesley Needham, Jim Needham, Stuart Whale, Mark Leadbeater, Debbie Worthington, Joe Worthington, Ash McArdle, Chris Sharp, Georgie Sharp, Paul Zywicki, Terry Sinar, Stephen Wong, Jane Illingworth, Roy Young, Christine Hall, Ken Bingley, Liane Warren, Amanda McKinnell, Nigel McKinnell, Charles McKinney, Ruth Walker, Jeff Denton, Donna Bailey, Lynne Owen, Lisa Smith, Gail Tombs, Ian Vogan, Rob Elden, Tim Owen, Su Smith, Pat Wood, John Bell, Gill Bennett, Simon Bennett, Will Walker, Graham Beardsley.

Apologies for Absence

Chris Taylor, David Hughes, James Walters, Colin Tanswell, Ann Rhodes, Yvonne Edwards, Roy Simpson, Diane Widdowson, Simon Edwards-Barber, Vicky Wathey, Janice Hookham, Tracy Bridgett, Lisa Thompson, Lucy Porter, Helen Wainwright, Tony Dean, Becci Winter, Tim Ashby, Darren Horobin, Carrie Symonds, Adrian Leach.

Minutes of the 31st AGM

Read and accepted as a true record.

Proposed: Denise Clark

Seconded: Mel Owen

Matters Arising

No matters arising.

Chairman's Report

In the Chair's absence, Stewart Haigh read out Chris Taylor's previously circulated report.

Treasurer's Report

Stewart Haigh read out his previously circulated financial report indicating where amendments have been made since publication.

There was a short discussion re the recently announced increase in pavilion fees by Ackworth Parish Council.

A short discussion took place re the continued subsidy of buses for events.

Junior Section Chair's Report

Jeff Denton read out his previously circulated report. Pat Wood gave her progress report of the Junior Section activities.

Joint Captain's Report

Ruth Walker read out the previously circulated report.

Election of Officers:

Nominations:

Chair	Chris Taylor (unopposed)
Secretary	Steve Berry (unopposed)
Treasurer	Stewart Haigh (unopposed)

All duly re-elected

Election of Committee:

Nominations:

Chris Sharp (Men's Captain)	<i>(Proposed by Tim Ashby, seconded by Ruth Walker)</i>
Stephen Wong (Men's Captain)	<i>(Proposed by Ash McArdle, seconded by Donna Bailey)</i>

Chris Sharp duly elected as Men's Captain following a secret ballot of those paid up members in attendance. Tellers: Pat Wood and Paul Zywicki.

Ruth Walker (Ladies Captain)	(unopposed)
Jeff Denton (ARR Juniors rep)	(unopposed)
Tim Ashby	(unopposed)
Denise Clark	(unopposed)
Yvonne Edwards	(unopposed)
Lesley Needham	(unopposed)
Georgina Newton	(unopposed)
Mel Owen	(unopposed)
Victoria Wathey	(unopposed)
Helen Wainwright	(unopposed)
Gail Wrangles	(unopposed)

All duly re-elected

12. Motions for Consideration

b) Revised Club Constitution

The Secretary explained the reasons for the revision of the club constitution and described the changes. Ian Vogan explained the changes to the wording re audit and financial inspection.

The revised Constitution was accepted as the new Club Constitution and will be published on the club web site.

c) London Marathon Ballot for club places for VLM 2019

Mel Owen proposed that club members should need to have paid 3 years subs to be eligible take part in the club ballot for club London Marathon places.

A short discussion took place re different methods of weighting.

Debbie Barton and Stephen Wong proposed an amendment to the original proposal:

This was that eligibility for inclusion would remain as having paid 2 years subs but that of the 2 (currently) places available, 1 would be drawn from a ballot of those eligible members who had never taken part in the London Marathon previously while the 2nd place would be awarded from a ballot of all remaining eligible members.

This was carried.

13. Any Other Business

Secretary - The Ackworth Half Marathon is on April 2nd and many more volunteers are still required to staff the event.

Denise Clark – More volunteers are required for back marking on training nights.

Debbie Barton – Reported on recent difficulties in ordering club kit from the Macron web site. Lesley Needham suggested monitoring the situation for a few months. Members should report any difficulties to the club.

Paul Zywicki – Proposed a vote of thanks to the club committee for their work during the past year and the positive way the club is moving forward.

Stewart Haigh - Proposed a vote of thanks to Graham Beardsley for his photography at club events.

There being no other business, the meeting was closed at 2150.



Ackworth Road Runners

Chairman's Report for the year 2018

What another fantastic year for our club! Well done to all our members - you should all be very proud of yourselves.

We have seen some brilliant races and excellent performances over the last year. At the time of writing the PECO cross country season is almost at a close and I expect that we will pick up awards for both individual and team categories - a super achievement against a record entry from the best running clubs in North, West and East Yorkshire.

With a membership of over 250, it's no wonder that our Grand Prix races are so well attended and we have had yet again record entries in our seasonal handicap series. It was a pleasure to see so many people picking up awards at our presentation evening!

Can the weather get any worse for our Half Marathon? One of the wettest that I can remember but we had a good entry and I know all the runners and marshals enjoyed the day! This year's race in April is three weeks later so I guarantee much better weather! The Summer for our Priory 10k was a scorcher - let's have more of that for another great evening.

These events are crucial for our income so let's keep supporting them please. Thank you to all members of our committee who have helped with organising races, social events and our coaching staff for the training nights etc - we can't manage without you.

Training nights are very special to us - the core of the club - and your health and safety is paramount. Please continue to wear the appropriate clothing on these winter nights - we are a very large group of runners so please take extra care. Thank you to the group leaders and also thanks to you all for making our new members very welcome.

The camaraderie within the club is something special, whether it be training, racing or social - it is a pleasure to go out running with you all - and long may it continue.

Keep healthy and enjoy your running.

Chris Taylor
Chairman



Ackworth Road Runners

Treasurer's Report for the year ending:

31st December 2018

Overall there was a very small deficit of £89.43 between income and expenditure keeping the club's financial position sound with funds of £10,204.60 as at 31 December 2018. This was again due to the income from our two club races, the Ackworth Half Marathon and the Priory 10k which enabled the club to subsidise social events and contribute to essential running costs. This income cannot be guaranteed, hence the need to make a small increase in subscriptions for 2019. Subscription income alone only covers the costs of affiliation fees to England Athletics and hiring our HQ for training and basic running costs.

84% of income is now by bacs, 14% cash and just 4% by cheque.

A full breakdown of Income and Expenditure is attached at the end of this report.

Notes:

Membership Income

Membership again increased to yet another record high of 275 (258 in 2017), which included 19 concessionary members, 5 Juniors (15-18), 3 second claim and 6 social members. Subscription income was £6,490, up from £5,997.

Affiliation fees paid to England Athletics rose to £3,966 from £3,640.

The proportion of overall subscription income paid to E.A. rose slightly from 60.7% to 61.1%. This year's subscription rise of £3 will be offset to a small degree by an increase of £50 in the Club's affiliation. The £13 net cost of membership (excluding the England Athletics Affiliation fee) remains very good value at 25p per week!

Event Income

Ackworth Half Marathon

The event saw a significant increase in entry fees, up from £5355.20 to £7203.20 whilst we reduced expenditure by £1,200, achieving a profit of £3,684.25 (£635.85 in 2017).

Priory 10k

In contrast to the Half Marathon, entry fees were slightly down, as were costs. Last year's profit of £2,557.98 included £1,500 sponsorship, leaving a net profit of £1,057.98 in comparison to this year's £862.80.

Laila Milly 5

This was a not for profit event we organised to produce income for the charity.

Training costs

Half way through the year we moved our training HQ from the Pavillion at Carr Bridge to the Cricket Club largely due to the Parish Council decision to increase their charges by 25%. Hire costs have reduced from £2,100 to £1,861.75.

Management Costs

These primarily cover communications with members and others, web site hosting costs and providing chip butties for the AGM.

Club Kit

Deficit is the result of stock purchases.

Equipment

New gazebo purchased as roof of old when went missing!

England Athletics Courses

Ruth Walker and Joe Worthington became Leaders in Running Fitness; Stephen Berry, Georgi Newton and Denise Clark obtained / renewed Traffic Management qualifications.

Awards Dinner

Costs relate to the purchase and engraving of awards and trophies and event subsidy.

Club competitions

£1228.85 was spent on food for the Summer and Autumn Handicaps and the Social run with Rothwell.

Club Excursions

The coach to Scarborough for the Yorkshire Coast 10k was subsidised at a cost of £198.

Outlook for 2019

2019 will see a full year's benefit of the reduced costs of our new training HQ and additional subscription income per member. Membership renewals are ahead of last year and it is likely that numbers will not vary significantly from 2018. We are again organising the Ackworth Half and Priory 10k which will hopefully prove profitable especially as this year we will only provide t-shirts to those who pre-order and pay a higher entry fee.

The club has a strong bank balance and we anticipate being able to continue to subsidise club events throughout 2019.

Stewart Haigh
Honorary Treasurer
30 January 2019

Ackworth Road Runners Income & Expenditure 2018

	Income	Expenditure	Profit/Loss
Subscriptions	£6,490.00		
England Athletics Affiliations		£3,966.00	
Yorkshire Vets Affiliation		£16.00	
Committee Exp		£176.35	
Communications		£151.13	
AGM		£300.00	
Training		£1,861.75	
	£6,490.00	£6,471.23	£18.77
Ackworth Half	£7,203.20	£3,518.95	£3,684.25
Priory 10k	£6,185.05	£5,322.25	£862.80
Laila Milly 5m	£500.64	£603.36	-£102.72
Kit	£1,088.00	£1,346.00	-£258.00
Equipment		£229.00	-£229.00
England Athletics Courses		£480.00	-£480.00
Awards Dinner	£3,346.00	£5,413.32	-£2,067.32
Xmas Lunch	£1,729.00	£1,702.00	£27.00
Grasmere Weekend	£759.00	£736.00	£23.00
Yorkshire Coast Bus	£277.00	£475.00	-£198.00
Summer Handicap		£684.12	-£684.12
Autumn Handicap		£200.00	-£200.00
Social Run		£344.73	-£344.73
Monsal Trail	£494.00	£510.00	-£16.00
Pontefract Half	£2,010.00	£2,060.00	-£50.00
Leeds CW Relay	£464.00	£396.00	£68.00
PECO XC League	£290.00	£421.00	-£131.00
Cross Country Relays	£45.00	£64.00	-£19.00
Unknown	£44.00	£31.16	£12.84
Donations	£243.80	£250.00	-£6.20
	£31,168.69	£31,258.12	-£89.43



Ackworth Road Runners

Junior Section Chair's Report for the year 2018

We are now in our second year and have 58 fully paid up members an increase of 56% from last year. The growth has been mostly in the 4-6 age group.

In terms of our coaching, we now have 8 coaching staff. Pat Wood and John Grove are now full coaches and we also have Carl Britton, James Walters, Darren Horrobin, Kelly Gill, Ruth Walker and David Hughes as assistant coaches. With the numbers of Juniors continuing to grow we are still wanting another 4 volunteers to train as coaches and help with the development of the section.

In addition, we have Elizabeth Hull as our membership Secretary and committee members who have all contributed through their time and efforts to the development of the Junior Section, Susan, Dawn, Jodie, Gary, and Amanda. Unfortunately, Julie has been unable to continue to work with us, but we would like to express our thanks to her for helping to raise hundreds of pounds for our development through her business contacts.

Our training is on a Monday evening with under 9's at Ackworth School in the winter and the older age group at Cudworth track. From late April until Mid-September both groups train at Nostell Priory.

The events which our members participated in during the year included Junior parkruns, cross country runs, PECO races, and fun runs. Well done to all. They have done the section proud.

Our Junior Grand Prix competition means that all of those who completed a Junior parkrun and 2 fun runs will get an award based on their grading. In terms of the PECO cross country races, over 12 of our Juniors have now completed in this year's events and we now also enter the winter series races at Cudworth Track.

The Club will continue to develop, and we are looking at contacting other Junior Sections in the area to work together and gain new ideas. We also pleased that some parents of the Juniors who through taking their children to train have now joined the Senior club as members.

In early May we will be holding an awards evening where all Juniors, siblings, parents, guardians, volunteers and helpers are invited.

Our AGM will be held on a separate date in May.

Jeff Denton
Chairman Ackworth Road Runners Juniors



Ackworth Road Runners

Joint Captain's Report for the year 2018

What a year 2018 has been for our club! We'll start with a few statistics before we get into the write ups.

In 2018 we:

- Had a total of 271 members signed up, a 6% increase on 2017's figure, also meaning we got well over the magic 250 required to obtain a 3rd London Marathon place
- Took up 6393 race entries
- Ran a staggering collective total of 32,875 miles in parkruns and races alone – and that's before you start to even think about the training miles behind these
- Achieved an incredible 525 PB's (including decade PB's for some of the longer serving members)
- Had over 50 members complete 10 out of 10 scoring races in the Grand Prix leagues
- Handed out over 120 age grade awards
- Had 243 members complete a parkrun, with 10% recording times of under 20 minutes, 40% under 25 minutes and 26% over 30 minutes and are proud of how the club has grown to include members covering a vast range of paces/times

Chris's Report

This time last year I was elected as men's captain and what a year it has been.

I took the reins on the back of a successful 2017/18 PECO cross country season which saw the men's team promoted to the first division. 43 of you raced this season, of which 10 did all 5. I am happy to report that after another good season and a great last race we managed to take 2nd place. This has earned us promotion once again. With back to back promotions we will now be competing in the Premier League for the 2019/20 season.

The Men's Vets finished 1 point off the leaders also meaning promotion to the Premier League next season. Individually, Terry Forrest finished at the top of the league, well done Terry, with Charlie Lines 3rd, Simon Newton 7th and Jim Needham 9th in their respective age categories.

I also must give out a special mention to the ladies, more to follow on that in Ruth's report. At the Leeds Country Way I was lucky enough to run the glory leg after all the hard work of the previous athletes the baton was handed over and we made it to the end for the second year running. It was a great day which we took three teams to, although we could have done with a fourth team just to use as search party for Tom and Gary. Well done all involved. Let's see what we can do this year.

It has also been delightful to see many members achieving some great things over the last twelve months with PB's at all distances. Top PB achievers were Simon Edwards-Barber with 19, and Dave Allison, Paul Gallagher and Stuart Whale with 10 each.

Special mentions must go out to:

- Simon Newton who represented West Yorkshire Police at Exeter marathon winning his 6th consecutive Police U.K. title and was also outright winner in that race. Simon then went on to compete at the European Police marathon representing Police U.K. although not Simons best race he still managed a time of which I can only imagine running, 2.59.
- Roy Young - completing the massive milestone of 150 marathons although he has since done more.
- Tom Camponi Whom it was a pleasure to award the first Captain's Award to for selflessly saving the life of another runner during the Pontefract Half Marathon. Not only that but carried a lady at PECO who had broken her ankle and he has also helped many others along the way. *Some say whilst on holiday in France he even saved some guy called Private Ryan. Was that Camponi or Hanks...? I get mixed up*
- Graham Beardsley for taking all the amazing photos of everyone over the last year, *except for Darren Horobin, unsure of the reason, although it looks like there was an exception made at Roundhay.*
- Some members whose advice is always invaluable to other club members include Terry Sinar, Chris Taylor, Stewart Haigh and Jonathan Routledge to name just a few. There are also plenty more.

Although my face has mainly been at races over the last few months, I am now back for the whole year and I look forward to 2019 being another great year for the club It has been an absolute pleasure to serve as men's captain over the last twelve months and I look forward to helping the club and its members continue on the success of 2018.

Chris Sharp
Men's Captain

Ruth's Report

After 2017 being a pretty good first year of being ladies captain I was looking forward to seeing what 2018 would bring and it certainly didn't disappoint.

Starting with the most recent results, I'm incredibly happy to report (just in case anyone missed it) that you lovely ladies have absolutely smashed the 2018/19 PECO season, finishing top in First Division in both the ladies and ladies vet's leagues, winning every race in the vets. We're on the up girls, premiership here we come!

Individually, we also had some fantastic performances with Karen Ball winning her age category and coming 3rd in the league overall, Sarah Hunter 5th in her age category and 7th in the league, Gail Tombs and Sue Francis 2nd and Denise Clark 9th in their respective age categories. Congratulations ladies.

Thank you to all 41 ladies who took part in the PECO season, of which 12 of you did all 5 (better than me who missed the first one thanks to overindulgence at Dave Hughes 40th birthday party – never again!). Each and every one of you have played a part in the success of the team this year and for that I am incredibly grateful.

Not to be outdone by the boys, you lot have also posted a huge number of PB's between you, top achievers being Alison Jean-Baptiste with 19, Jade Seal with 13, Andrea Scully with 12, Emma Bird with 11 and Charlotte Grace and Sarah Rose with 10. Well done all.

This year has seen some incredible performances from you lot, including smashing a fair few club records:

- Liane Warren completing the Brathay 10 in 10 (for the newbies that's 10 Windermere marathons in 10 consecutive days), finishing 2018's top lady
- Gail Wrangles completing the Outlaw Triathlon (2.4 mile swim, 112 mile bike ride and 26.2 mile run) in a time of 14hrs, 18 minutes and 16 seconds – just typing those distances is making my eyes water
- Sue Francis breaking the 10k club record for F55 at Leeds Abbey Dash in November
- Gail Tombs breaking the 10m club record for F65 at Gilberdyke in August
- Janet Davis has had a cracking start to the year and already broken the club 5k and 10K records for F65 at Druridge Bay parkrun and Cleethorpes respectively
- Rebecca Winter has also made a good start breaking the longstanding 10k FS record at Dewsbury this month

It was a great pleasure to present the first Ladies Captains award to Debbie Worthington - for coming back from injury to complete her first marathon and 100km ultra, convincing her lovely mum to make goodness knows how many ARR bobble hats, inspiring others to become Super Streakers and run every day to raise awareness of the MS Trust and the condition she manages daily. I'm sure you'll all agree that she truly shows the spirit of the club we all love.

Ruth Walker
Ladies Captain

Thank you to each and every one of you that make our club what it is. Train well, run strong, and here's to an awesome 2019.

Ruth Walker and Chris Sharp
Club Captains