



**Ackworth Road Runners**  
**Committee Meeting Summary**  
5<sup>th</sup> February 2019

Ackworth Cricket Club  
2000 hours

**Present:**

Chris Taylor	Chair	CT
Stewart Haigh	Treasurer	SH
Steve Berry	Secretary	SJB
Chris Sharp		CS
Ruth Walker		RW
Vicky Wathey		VW
Lesley Needham		LN
Dave Allison		DA
Georgi Newton		GN
Denise Clark		DC
Gail Wrangles		GW
Mel Owen		MO

**Apologies for absence**

*Jeff Denton, Helen Wainwright and Yvonne Edwards.*

**Minutes of the meeting held on 8<sup>th</sup> January 2019 and matters arising**  
Read and accepted as a true record. There were no matters arising.

**Chairman's Slot**

CT commented on the record entry at the Winter Handicap and also recent excellent PECO team performances and attendances at training sessions.

**Sec/Correspondence**

SJB thanked members who had submitted AGM reports. SH will be posting on the members page so that members can indicate if they are attending the AGM so we can ascertain the number of chip butties required.

He also referred to an invitation from Danum Harriers for club members to attend a social trail run on June 6<sup>th</sup> at Doncaster followed by refreshments. It was agreed that this was an excellent idea and could be reciprocated in future.

*Action: SJB to contact Danum Harriers and accept the invitation and then circulate information to ARR members.*

Email received from a private company offering residential courses for aspiring young coaches at Loughborough.

*Action: SJB to pass this on to Jeff Denton*

Jason Beaumont of RegenPhysio in Normanton has offered to give a free presentation to the club covering such aspects as training, nutrition, recovery etc. It was agreed that this should be followed up.

*Action: SJB to contact Regenphysio to progress this.*

### **Ackworth Half and Priory 10k 2019**

Half Marathon:

- Flyer printed
- Burntwood Conference Centre are providing spot prizes
- Vitabiotics are providing joint care gel
- Provision of bottled water secured
- The field owner is providing the required tents etc
- MO to provide pre and post-race massages
- Diane Widdowson has arranged signage from WMDC
- Trailer and vehicle with towbar required for signage.

*Action: DC to post on members page asking for members with suitable trailer etc and volunteers to put signs up.*

*Action: DA to arrange planning meeting.*

Priory 10k

- DA has secured bottled water.

### **Kit News**

DA has been liaising with Macron re a better cut race vest of a different design to the current one. Minimum order of 16 of various sizes. He is also looking at ancillary items.

*Action: DA to post vest design on Committee Page for comments.*

### **Bus for Manchester Marathon**

The club is running a 29 seater bus to the Manchester Marathon at a cost of £12.50 a head. DC organising.

### **Captain's Slot**

CS and RW reported on the clubs progress at PECO. Currently the men are in 5<sup>th</sup> place with the Vet Men's team in 2<sup>nd</sup> place. Terry Forrest is top of the Men's League with a podium finish in each race. Charlie Lines is 2<sup>nd</sup>.

Karen Ball is 2<sup>nd</sup> overall for the ladies with Sue Francis top of her age category. Details of the Yorkshire Vets XC on 17<sup>th</sup> March are now on the web site.

### **Any Other Business**

- SH explained the new GP league table divisions to which members were now allocated according to their average pace at 5k, 10k and 10 miles in 2018 where that data was available. The new allocations were now published on the web site.
- SJB reported that Ian Hill had raised the issue of dealing with increased numbers on Thursday nights at training. Where necessary, attendees will be split into separate groups.
- DA asked if the club could promote Sarah Powala's fundraising for Wakefield Hospice. It was agreed that this could be promoted on the Member's Page and that we could hold a self-guided run event.

### **Date of next meeting**

Tuesday March<sup>th</sup> at 8.00pm Ackworth Cricket Club.

The meeting closed at 2145.