

Spring Handicap Results

| | Run Time | Target | Under | Over | Pace per m | Perf to Hcp |
|----------------------|----------|----------|----------|----------|------------|-------------|
| Alison John-Baptiste | 01:02:17 | 01:06:09 | 00:03:52 | | 12:43 | 106.2% |
| Melanie Owen | 00:48:53 | 00:51:03 | 00:02:10 | | 09:59 | 104.4% |
| Debbie Sidwell | 00:38:46 | 00:40:01 | 00:01:15 | | 07:55 | 103.2% |
| Paul Gallagher | 00:41:25 | 00:42:38 | 00:01:13 | | 08:27 | 102.9% |
| Eddie Neale | 00:34:02 | 00:35:07 | 00:01:05 | | 06:57 | 103.2% |
| Sarah Bailey | 00:44:44 | 00:45:44 | 00:01:00 | | 09:08 | 102.2% |
| Sarah Turner | 00:47:04 | 00:47:47 | 00:00:43 | | 09:36 | 101.5% |
| Gemma Lund | 00:39:30 | 00:40:11 | 00:00:41 | | 08:04 | 101.7% |
| Ruth Walker | 00:41:18 | 00:41:56 | 00:00:38 | | 08:26 | 101.5% |
| Glenn Cracknell | 00:35:11 | 00:35:46 | 00:00:35 | | 07:11 | 101.7% |
| Terry Sinar | 00:37:19 | 00:37:46 | 00:00:27 | | 07:37 | 101.2% |
| Andrea Scully | 00:38:47 | 00:39:12 | 00:00:25 | | 07:55 | 101.1% |
| John Knowles | 00:41:14 | 00:41:39 | 00:00:25 | | 08:25 | 101.0% |
| Iain Wood | 00:41:13 | 00:41:34 | 00:00:21 | | 08:25 | 100.9% |
| David Cooper | 00:39:19 | 00:39:37 | 00:00:18 | | 08:01 | 100.7% |
| Kevin Guttridge | 00:35:32 | 00:35:46 | 00:00:14 | | 07:15 | 100.7% |
| Georgie Sharp | 00:42:24 | 00:42:28 | 00:00:04 | | 08:39 | 100.2% |
| Adrian Byrom | 00:37:58 | 00:37:59 | 00:00:01 | | 07:45 | 100.0% |
| Roy Simpson | 00:42:28 | 00:42:28 | 00:00:00 | | 08:40 | 100.0% |
| David Sidwell | 00:36:16 | 00:36:16 | 00:00:00 | | 07:24 | 100.0% |
| Ian Stancliffe | 00:36:46 | 00:36:45 | | 00:00:01 | 07:30 | 100.0% |
| Martin Wincer | 00:36:22 | 00:36:18 | | 00:00:04 | 07:25 | 99.8% |
| Georgi Newton | 00:51:06 | 00:50:58 | | 00:00:08 | 10:26 | 99.7% |
| Nicolas Daudet | 00:39:47 | 00:39:37 | | 00:00:10 | 08:07 | 99.6% |
| Colin Turner | 00:43:11 | 00:42:52 | | 00:00:18 | 08:49 | 99.3% |
| Charlotte Smith | 00:38:52 | 00:38:33 | | 00:00:19 | 07:56 | 99.2% |
| Paul Lawrence | 00:37:31 | 00:37:10 | | 00:00:21 | 07:39 | 99.0% |
| Zoe Cox | 00:45:22 | 00:45:00 | | 00:00:22 | 09:16 | 99.2% |
| Debbie Barton | 00:43:46 | 00:43:22 | | 00:00:24 | 08:56 | 99.1% |
| Jennifer Swindell | 00:37:02 | 00:36:35 | | 00:00:27 | 07:33 | 98.8% |
| Pamela Ritucci | 00:39:32 | 00:39:02 | | 00:00:30 | 08:04 | 98.7% |
| Jade Seal | 00:48:38 | 00:48:01 | | 00:00:37 | 09:56 | 98.7% |
| Colette Lowe | 00:42:06 | 00:41:29 | | 00:00:37 | 08:36 | 98.5% |
| Chris Taylor | 00:41:05 | 00:40:26 | | 00:00:39 | 08:23 | 98.4% |
| Amanda McKinnell | 00:49:17 | 00:48:36 | | 00:00:41 | 10:03 | 98.6% |
| Michael Knowles | 00:37:14 | 00:36:30 | | 00:00:44 | 07:36 | 98.0% |
| Darren Horobin | 00:33:57 | 00:33:07 | | 00:00:50 | 06:56 | 97.5% |
| Tracy Bridgett | 00:53:07 | 00:52:16 | | 00:00:51 | 10:50 | 98.4% |
| Guy Malam | 00:38:28 | 00:37:34 | | 00:00:54 | 07:51 | 97.7% |
| Tyler Starks | 00:34:14 | 00:33:19 | | 00:00:55 | 06:59 | 97.3% |
| Joe Worthington | 00:32:05 | 00:31:02 | | 00:01:03 | 06:33 | 96.7% |
| Simon Bennett | 00:33:53 | 00:32:50 | | 00:01:03 | 06:55 | 96.9% |
| Janet Barr | 00:44:57 | 00:43:54 | | 00:01:03 | 09:10 | 97.7% |
| Julie Stafford | 00:38:03 | 00:37:00 | | 00:01:03 | 07:46 | 97.2% |
| Christopher Sharp | 00:36:23 | 00:35:02 | | 00:01:21 | 07:26 | 96.3% |
| Andrew Nuut | 00:41:23 | 00:40:01 | | 00:01:22 | 08:27 | 96.7% |
| Richard Smart | 00:38:18 | 00:36:55 | | 00:01:23 | 07:49 | 96.4% |
| Rebecca Winter | 00:31:41 | 00:30:13 | | 00:01:28 | 06:28 | 95.4% |
| Charlotte Grace | 00:42:44 | 00:41:00 | | 00:01:44 | 08:43 | 95.9% |
| Jane Illingworth | 00:35:52 | 00:33:54 | | 00:01:58 | 07:19 | 94.5% |
| Nina Williams | 00:43:39 | 00:41:39 | | 00:02:00 | 08:54 | 95.4% |
| Paul Haslam | 00:42:02 | 00:40:01 | | 00:02:01 | 08:35 | 95.2% |
| Charles McKinney | 00:37:09 | 00:35:07 | | 00:02:02 | 07:35 | 94.5% |
| Yvonne Stearn | 00:58:06 | 00:55:57 | | 00:02:09 | 11:51 | 96.3% |

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|--------------------|----------|----------|--|----------|-------|-------|
| Donella Cook | 00:46:47 | 00:44:35 | | 00:02:12 | 09:33 | 95.3% |
| Nigel McKinnell | 00:47:09 | 00:44:55 | | 00:02:14 | 09:37 | 95.3% |
| Gary Wilson | 00:53:42 | 00:51:27 | | 00:02:15 | 10:58 | 95.8% |
| Adam Fearnley | 00:37:01 | 00:34:45 | | 00:02:16 | 07:33 | 93.9% |
| Stephen Berry | 00:53:10 | 00:50:53 | | 00:02:17 | 10:51 | 95.7% |
| Dawn Sketchley | 00:45:10 | 00:42:52 | | 00:02:18 | 09:13 | 94.9% |
| Martyn Stearn | 00:40:44 | 00:38:18 | | 00:02:26 | 08:19 | 94.0% |
| Stephen Wong | 00:38:57 | 00:36:16 | | 00:02:41 | 07:57 | 93.1% |
| Ian Vogan | 00:42:55 | 00:40:08 | | 00:02:47 | 08:46 | 93.5% |
| Jill Daly | 00:47:06 | 00:44:18 | | 00:02:48 | 09:37 | 94.1% |
| Gill Bennett | 00:54:20 | 00:51:32 | | 00:02:48 | 11:05 | 94.8% |
| Wendy Stiff | 01:16:26 | 01:13:30 | | 00:02:56 | 15:36 | 96.2% |
| Lesley Needham | 00:47:01 | 00:44:01 | | 00:03:00 | 09:36 | 93.6% |
| Ian Wilson | 00:46:27 | 00:43:27 | | 00:03:00 | 09:29 | 93.5% |
| Gail Wrangles | 00:42:20 | 00:38:48 | | 00:03:32 | 08:38 | 91.6% |
| Jonathan Routledge | 00:39:34 | 00:35:54 | | 00:03:40 | 08:04 | 90.7% |
| Jeff Denton | 00:47:14 | 00:43:24 | | 00:03:50 | 09:38 | 91.9% |
| Linda Selby | 00:58:05 | 00:53:54 | | 00:04:11 | 11:51 | 92.8% |
| Tim Owen | 00:50:36 | 00:45:44 | | 00:04:52 | 10:20 | 90.4% |
| Tom Camponi | 01:01:36 | 00:56:31 | | 00:05:05 | 12:34 | 91.7% |
| Roy Young | 00:47:20 | 00:41:32 | | 00:05:48 | 09:40 | 87.7% |
| Richard Bailey | 00:50:21 | 00:43:32 | | 00:06:49 | 10:17 | 86.5% |
| Debbie Worthington | 01:02:33 | 00:49:15 | | 00:13:18 | 12:46 | 78.7% |
| Wendy Berry | 01:16:26 | 00:46:58 | | 00:29:28 | 15:36 | 61.4% |

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| Averages | 08:57 | 96.7% |
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