

## Spencer's Dash Series 2017

Name	#1	#2	#3	#4	#5	#6	Best Time	Races	Age adj Time
Gavin Walker	22:30	22:10	22:53	22:38	22:54	22:17	22:10	6	
Simon Newton					22:14		22:14	1	
Bradley Walker	23:23				23:37	22:39	22:39	3	
Richard Ritucci		23:19					23:19	1	
Joe Worthington						24:07	24:07	1	
Rebecca Winter					24:25		24:25	1	
Mick Wigglesworth			25:37	25:23			25:23	2	22:32
Gary Turner					25:26		25:26	1	23:03
Sarah Hunter	26:01	25:38	25:43	25:36	25:45	26:14	25:36	6	
Mark Leadbeater			25:47				25:47	1	22:21
James Walters					25:56	26:25	25:56	2	
Glenn Cracknell	26:23	26:01	26:09	26:13	26:48	26:14	26:01	6	23:16
Simon Bennett					26:13	40:16	26:13	2	21:36
Adrian Leach	26:44	26:53	26:46		29:17	27:44	26:44	5	23:08
Christopher Sharp	27:23	27:39	26:58	28:00	32:50	26:49	26:49	6	
Darren Horobin					27:22		27:22	1	25:14
Martin Wincer		27:25					27:25	1	25:33
Jonathan Routledge		28:50	27:55	28:32	33:25	27:58	27:55	5	24:20
Paul Lawrence		28:09	30:10		31:10	29:12	28:09	4	
Kevin Guttridge					28:29		28:29	1	24:26
Andrew Nuut	31:32	29:09					29:09	2	
Julie Stafford			29:29				29:29	1	26:03
Stephen Wong						29:33	29:33	1	
Lee Hopkins	30:33	31:29	29:42		29:34		29:34	4	27:12
Pamela Ritucci		29:40					29:40	1	
Terry Sinar			29:53				29:53	1	25:32
Ian Vogan	31:05				30:48		30:48	2	24:54
Paul Zywicki		30:55	31:08		32:32		30:55	3	25:37
Charlotte Smith			30:58				30:58	1	
David Fitzgerald	31:08						31:08	1	
David Cooper	31:32						31:32	1	25:40
Roy Simpson			31:52		32:02		31:52	2	25:40
Amanda Wilson			32:06		33:26		32:06	2	
Georgie Sharp		32:24	34:52		32:50		32:24	3	
Stewart Haigh					35:35	33:47	33:47	2	25:17
Paul Gallagher	35:14	34:12		37:17		36:47	34:12	4	30:32
Nigel McKinnell					34:41	34:30	34:30	2	27:54
Lynsey Forshaw		37:55	34:51				34:51	2	33:15
Lesley Needham					35:28		35:28	1	30:04
Sue Eaton					35:28		35:28	1	32:12
Caroline Copeland	41:57	35:34			36:01		35:34	3	34:29
Jeff Denton					35:41		35:41	1	27:01
Wendy Berry		37:57	35:43		36:45		35:43	3	29:22
Amanda McKinnell						36:55	36:55	1	28:49
Sarah Turner					39:22	37:14	37:14	2	36:37
Debbie Worthington						38:43	38:43	1	38:11
Georgi Newton					39:33		39:33	1	38:27
Gary Wilson					39:56		39:56	1	33:29
Gill Bennett					41:21	40:16	40:16	2	33:22
Alice Copeland	41:57				44:15		41:57	2	
Clare Wood			44:25				44:25	1	43:53
Stephen Berry					44:29		44:29	1	37:06
Pam Kirk	44:45	46:41	47:34			49:41	44:45	4	42:22

Saima Sherburn						52:00	52:00	1
Stacey Williams						52:00	52:00	1
Runners	15	19	21	7	34	22	55	

49:01